

## UMBRIA N. 5

### Day 1 Perugia

**D**

Arrival. In the afternoon visit Umbria's largest town with its very extensive historic centre. Our guided tour includes a walk through the medieval ghost town built in to the foundations of the Papal castle, Palazzo dei Priori, the Collegio del Cambio with frescoes by Pietro Perugino, the Collegio della Mercanzia with a late 14 C wooden interior and the National Gallery of Umbria which hosts one of the richest collections in Italy with works of international renown. The impressive number and variety of artistic works housed in the museum range from paintings on wood, canvas and murals, to sculptures in wood and stone, to goldsmith's art and fabrics, which exemplify the artistic evolution in the territory between the 13th and 19th centuries. Dinner and overnight.

### Day 2 Perugia – Trasimeno Lake – Eco-tour Castello Monte Vibiano –Perugia

**B L W**

Breakfast. Today enjoy a full day excursion including a morning boat tour on Lake Trasimeno with light lunch followed by the eco-tour at Castello di Monte Vibiano. The eco-tour is conducted aboard electric vehicles around Monte Vibiano, the first zero greenhouse-emissions farm in Italy. The visit starts from the wine cellar in the valley and from there you board electric vehicles for a ride to the nearby hills and fields, across hectares of vineyards and olive groves. There is always something happening here, no matter the time of the year: from picking grapes for Monte Vibiano's refined red and whites, to hand-picking olives from century-old trees, the eco-tours are always a chance to observe exciting aspects of life in the fields. At the end of the tour guided visit of the winery followed by a tasting on the terrace. Return to Perugia and overnight.

### Day 3 Perugia – Spoleto – Marmore Falls – Perugia

**B**

Breakfast. Today enjoy an excursion to stunning Spoleto. The town is presided over by a formidable medieval fortress and backed by the broad-shouldered Apennines. The Romans left their mark in the form of the grand arches of the Bridge of Towers and an amphitheatre; the Lombards made it the capital of their duchy in 570, building it high and mighty and leaving it with a parting gift of a Romanesque cathedral in the early 13th century. Meet your local guide for a walking tour which includes Spoleto's pretty pale-stone cathedral, originally built in the 11th century using huge blocks of salvaged stones from Roman buildings for its slender bell tower. In the afternoon visit the famous Marmore Falls to immerse yourself in a beautiful and unspoiled environment. The botanical guides will take you along the trails of the Park to explore all of its secrets. Return to Perugia and overnight.

### Day 4: Perugia – Deruta – Todi – departure

**B L**

Breakfast. Head to Deruta, famous for its excellent quality ceramics. Visit to a local pottery factory to learn about the blue and yellow metallic-oxide glazing technique. Possibility to attend a workshop (on request). Following the visit proceed to Todi. Lunch in a local wine bar. The afternoon is yours to explore this elegant hilltop town. Todi's history can be read in layers: the interior walls show Todi's Etruscan and even Umbrian influence, the middle walls are an enduring example of Roman know-how, and the 'new' medieval walls boast of Todi's economic stability and prominence during the Middle Ages.

## Inclusions

- 3 nights in selected 4-star hotel in Perugia with full breakfast

- Private guided visits with English speaking guides in Perugia (Collegio del Cambio, National Gallery of Umbria), Spoleto, Marmore Falls, Todi; including all the entrance fees to the sites
- Boat tour on Lake Trasimeno (light lunch included)
- Eco-tour Castello di Monte Vibiano (wine tasting)
- Pottery factory Deruta
- Lunch in Enoteca (Todi)
  
- In the winter, on day 2, the boat tour on Lake Trasimeno will be replaced by a shopping tour (on request available in other seasons too).