

**UMBRIA N. 3**

**Day 1 Assisi**

**D**

Arrival. Time at leisure, dinner and overnight.

**Day 2 Assisi**

***history & spirituality***

**B D**

Breakfast. In the morning meet your local guide for private walking tour of Assisi, the birthplace of Saint Francis and Italy's famous pilgrimage site. Discover all the facets of the Old Town (Roman walls and medieval houses), including the Basilica of Santa Chiara, dedicated to the founder of the Order of Poor Ladies, and the papal Basilica of St. Francis, built between 1228 and 1253. Now home to the consecrated remains of the saint, the stunning monument is also said to have the best collection of art in any church of Italy, including frescoes and paintings by Cimabue, Giotto, Lorenzetti and more. Afternoon at leisure. Don't miss a visit to the Hermitage, one of the most beautiful Franciscan sites. Complete your day by a marvellous genuine welcome dinner in a family run country house. Overnight.

**Day 3 Assisi – Perugia – Assisi**

***-art & baking-***

**B Pizza**

Breakfast. Today is about art, pizza and bread in Perugia, Umbria's largest town with its very extensive historic centre. Our guided tour includes a walk through the medieval ghost town built in to the foundations of the Papal castle, Palazzo dei Priori, the Collegio del Cambio with frescoes by Pietro Perugino, the Collegio della Mercanzia with a late 14 C wooden interior and the National Gallery of Umbria which hosts one of the richest collections in Italy with works of international renown. The impressive number and variety of artistic works housed in the museum range from paintings on wood, canvas and murals, to sculptures in wood and stone, to goldsmith's art and fabrics, which exemplify the artistic evolution in the territory between the 13th and 19th centuries.

Afternoon with Andrea Pioppi, Italian master baker and expert teacher, who after 20 years at the family bakery firm, has decided to follow his vocation as a *liberoimpastatore* (free-spirited dough kneader). Be inspired by his passion for the art of baking and learn how to create your own bread and pizza. Return to Assisi and overnight.

**Day 4: Assisi – Deruta – Todi – Assisi**

***-pottery & elegance-***

**B L**

Breakfast. Head to Deruta, famous for its excellent quality ceramics. Visit to a local pottery factory to learn about the blue and yellow metallic-oxide glazing technique. Possibility to attend a workshop (on request). Following the visit proceed to Todi. Lunch in a local wine bar. The afternoon is yours to explore this elegant hilltop town. Todi's history can be read in layers: the interior walls show Todi's Etruscan and even Umbrian influence, the middle walls are an enduring example of Roman know-how, and the 'new' medieval walls boast of Todi's economic stability and prominence during the Middle Ages. Return to Assisi and overnight.

**Day 5: Assisi – Orvieto – departure**

***-hidden treasures-***

**B L**

Breakfast. In the morning travel to Orvieto and enjoy a guided visit to the Duomo containing the Apocalypse fresco cycle by Luca Signorelli. The Duomo di Orvieto is widely considered the most glorious example of Italian Gothic. Lunch in a local restaurant. In the afternoon, a pleasant guided tour along a very easy route makes it possible to get to know Orvieto's underground world, created by its ancient inhabitants over about 2500 years of uninterrupted digging. An hour-long tour on a discovery of a millenary, surprising and unexpected "Underground City". Departure.

**Inclusions**

- ✓ 4 nights in selected 4-star hotel in Assisi with full breakfast

- ✓ Private guided visits with English speaking guides in Assisi (Basilica of San Francesco and Giotto frescoes), Perugia (Collegio del Cambio, National Gallery of Umbria), Orvieto (Duomo, Orvieto underground); including all the entrance fees to the sites
- ✓ Dinner (Assisi)
- ✓ Dinner in a country house (Assisi)
- ✓ Baking class (Perugia)
- ✓ pottery factory visit (Deruta)
- ✓ Lunch wine bar (Todi)
- ✓ Lunch (Orvieto)